

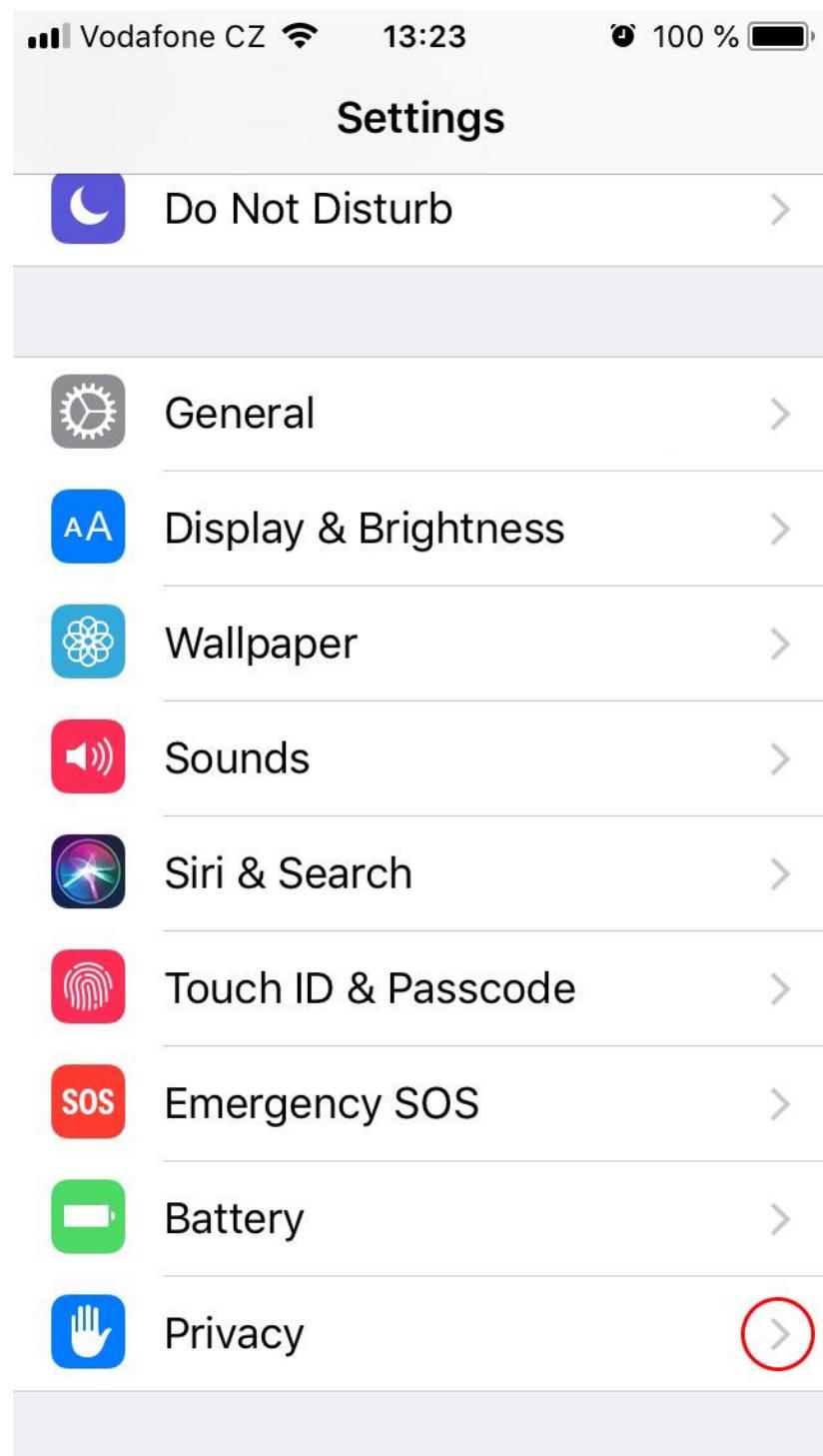
Instruction for switching off Fitness Tracking - iOS

Functionality Fitness tracking is inbuilt in your iOS device, it allows to use internal sensor for monitoring of movement activities during the day – for example the number of steps you take. There will be a double measurement of number of steps if you have connected some other data source to your device. This double counting is visible in statistics of the Application NextLife. To correct this, switch off the function Fitness tracking in the device setting.

Step 1: Go to the phone setting



Step 2: Select item Privacy



Step 3: Select item Movement and Fitness

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Settings **Privacy**

-  Calendars >
-  Reminders >
-  Photos >
-  Bluetooth Sharing >
-  Microphone >
-  Speech Recognition >
-  Camera >
-  Health >
-  HomeKit >
-  Media & Apple Music >
-  Motion & Fitness >

Step 4: Switch off Fitness tracking

